

HOWARDS GROVE SCHOOL MENU HIGH SCHOOL

January 6 - 10



Stations	Monday	Tuesday	Wednesday	Thursday	Friday
Construction Zone B.Y.O. Loaded Tex-Mex Bar	Beef Taco Fajita Chicken Crispy and soft shell taco Taco salad bowl Burrito bowl Cilantro lime rice Seasoned black beans	Beef Taco Fajita Chicken Crispy and soft shell taco Taco salad bowl Burrito bowl Cilantro lime rice Seasoned black beans	Beef Taco Fajita Chicken Crispy and soft shell taco Taco salad bowl Burrito bowl Cilantro lime rice Seasoned black beans	Beef Taco Fajita Chicken Crispy and soft shell taco Taco salad bowl Burrito bowl Cilantro lime rice Seasoned black beans	Beef Taco Fajita Chicken Crispy and soft shell taco Taco salad bowl Burrito bowl Cilantro lime rice Seasoned black beans
Grill	Grilled cheese on wheat and tomato soup	Alfredo Lasagna roll up with garlic bread	Ham egg and cheese breakfast sandwich with hashbrown	BBQ rib sandwich on mini hoagie served with chips	American hamburger Mac n Cheese served with Maple baked Beans & Cornbread
Pizza Junction	Cheese Pizza Pepperoni Pizza	Cheese Pizza BBQ Chicken Pizza	Cheese Pizza Sausage Pizza	Cheese Pizza Deluxe Pizza	Cheese Pizza Pepperoni Pizza
Grab and Go Deli Stop Always available, don't forget you can preorder your specialty sandwich	PBJ Uncrustable, String cheese, goldfish crackers box lunch American Sub on hoagie	PBJ Uncrustable, String cheese, goldfish crackers box lunch American Sub on hoagie	PBJ Uncrustable, String cheese, goldfish crackers box lunch American Sub on hoagie	PBJ Uncrustable, String cheese, goldfish crackers box lunch American Sub on hoagie	PBJ Uncrustable, String cheese, goldfish crackers box lunch American Sub on hoagie

**All meals include our Full Salad Bar – a variety selection of cut veggies, salad blend, whole and cupped fruit to round out your child's meal selection

**All meals include 1 cup choice of chocolate skim milk or unflavored 1% milk

HOWARDS GROVE SCHOOL MENU HIGH SCHOOL

January 13-17



Stations	Monday	Tuesday	Wednesday	Thursday	Friday
Construction Zone B.Y.O. Loaded Pasta Bar	Marinara Meat Sauce Alfredo Sauce "pink" Sauce Penne Farfale Lasagna roll up Roasted Veggie Blend Garlic Breadstick	Marinara Meat Sauce Alfredo Sauce "pink" Sauce Penne Farfale Lasagna roll up Roasted Veggie Blend Garlic Breadstick	Marinara Meat Sauce Alfredo Sauce "pink" Sauce Penne Farfale Lasagna roll up Roasted Veggie Blend Garlic Breadstick	Marinara Meat Sauce Alfredo Sauce "pink" Sauce Penne Farfale Lasagna roll up Roasted Veggie Blend Garlic Breadstick	Marinara Meat Sauce Alfredo Sauce "pink" Sauce Penne Farfale Lasagna roll up Roasted Veggie Blend Garlic Breadstick
Grill	Boneless Buffalo Chicken Wings with veggies and blue cheese	Hot dog on a bun with sidewinder potatoes	BBQ Chicken Drumsticks w/Brown Rice pilaf Steamed Broccoli	Classic Cheeseburger with smile fries BBQ baked beans	Mozzarella stuffed breadsticks with chunky marinara
Pizza Junction	Cheese Pizza Mac N Cheese Pizza	Cheese Pizza Cowboy Pizza -pepperoni, sausage, black olive, mushroom	Cheese Pizza Pepperoni Pizza	Cheese Pizza Meat Lovers	Cheese Pizza Chicken Bacon Pizza
Grab and Go Deli Stop Always available, don't forget you can preorder your specialty sandwich	Whole Grain soft Pretzel with creamy cheddar dipping sauce, string cheese, and hard boiled egg Ham and Cheese on Rye	Whole Grain soft Pretzel with creamy cheddar dipping sauce, string cheese, and hard boiled egg Ham and Cheese on Rye	Whole Grain soft Pretzel with creamy cheddar dipping sauce, string cheese, and hard boiled egg Ham and Cheese on Rye	Whole Grain soft Pretzel with creamy cheddar dipping sauce, string cheese, and hard boiled egg Ham and Cheese on Rye	Whole Grain soft Pretzel with creamy cheddar dipping sauce, string cheese, and hard boiled egg Ham and Cheese on Rye

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