

HOWARDS GROVE SCHOOL MENU

HIGH SCHOOL

January 20-24



Stations	Monday	Tuesday	Wednesday	Thursday	Friday
Construction Zone BYO Burger Bar Served w/ chips	Beef Hamburger Black Bean burger Lettuce Tomato Sliced onion Pickles Cheese variety	Beef Hamburger Turkey Burger Lettuce Tomato Sliced onion Pickles Cheese variety	Beef Hamburger Chicken Burger Lettuce Tomato Sliced onion Pickles Cheese variety	Beef Hamburger Black Bean Burger Lettuce Tomato Sliced onion Pickles Cheese variety	Beef Hamburger *variety Lettuce Tomato Sliced onion Pickles Cheese variety
Grill	Whole Grain Chicken Nuggets, dinner roll and sweet potato fries Green Beans	Honey Corn dog nuggets with baked potato wedges Broccoli	Chicken and Cheese Quesadilla served with seasoned refried beans Crinkle cut carrots	Ham and Cheese Melt slider sandwiches *Chicken noodle soup Baked Beans	Meatballs in Marinara with Penne pasta Whole Grain Breadstick
Pizza Junction	Cheese Pizza Taco Pizza	Cheese Pizza Pepperoni Pizza	Cheese Pizza Italian sausage pizza	Cheese Pizza Chicken fajita pizza	Cheese Pizza Meat Lovers
Grab and Go Deli Stop Always available, don't forget you can preorder your specialty sandwich	American Sub Sandwich, string cheese, pretzels Turkey-Cheddar on hard roll	American Sub Sandwich, string cheese, pretzels Turkey-Cheddar on hard roll	American Sub Sandwich, string cheese, pretzels Turkey-Cheddar on hard roll	American Sub Sandwich, string cheese, pretzels Turkey-Cheddar on hard roll	American Sub Sandwich, string cheese, pretzels Turkey-Cheddar on hard roll

**All meals include our Full Salad Bar – a variety selection of cut veggies, salad blend, whole and cupped fruit to round out your child's meal selection

**All meals include 1 cup choice of chocolate skim milk or unflavored 1% milk

HOWARDS GROVE SCHOOL MENU HIGH SCHOOL

January 27-31

Stations	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Construction Zone</p> <p>BYO Mac N Cheese Bar</p>	<p>Classic American Mac n cheese White Cheddar Mac</p> <p>Grilled chicken Beef crumble Bacon bits Ham Roasted veggies Steamed broccoli or peas</p>	<p>Classic American Mac n cheese White Cheddar Mac</p> <p>Grilled chicken Beef crumble Bacon bits Ham Roasted veggies Steamed broccoli or peas</p>	<p>Classic American Mac n cheese White Cheddar Mac</p> <p>Grilled chicken Beef crumble Bacon bits Ham Roasted veggies Steamed broccoli or peas</p>	<p>Classic American Mac n cheese White Cheddar Mac</p> <p>Grilled chicken Beef crumble Bacon bits Ham Roasted veggies Steamed broccoli or peas</p>	<p>Classic American Mac n cheese White Cheddar Mac</p> <p>Grilled chicken Beef crumble Bacon bits Ham Roasted veggies Steamed broccoli or peas</p>
Grill	<p>Garlic French Bread Cheese Pizza with marinara dip Seasoned corn</p>	<p>Popcorn Chicken Bowl <i>*mashed potato, stuffing, gravy mixed veggies</i></p>	<p>Classic American Hamburger with sweet potato wedges</p>	<p>"club sandwich" pinwheel wraps with tator tots</p>	<p>Bird Dog Sandwich and tri-tators <i>*crispy chicken tenders, cheddar cheese and bacon on a hoagie</i></p>
Pizza Junction	<p>Cheese Pizza</p> <p>Cheeseburger Pizza</p>	<p>Cheese Pizza</p> <p>Taco Pizza</p>	<p>Cheese Pizza</p> <p>Sausage pizza</p>	<p>Cheese Pizza</p> <p>Pepperoni Pizza</p>	<p>Cheese Pizza</p> <p>BBQ Chicken Pizza</p>
<p>Grab and Go</p> <p>Deli Stop Always available, don't forget you can preorder your specialty sandwich</p>	<p>Turkey and Cheese sandwich, goldfish and string cheese</p> <p>Grilled chicken wrap</p>	<p>Turkey and Cheese sandwich, goldfish and string cheese</p> <p>Grilled chicken wrap</p>	<p>Turkey and Cheese sandwich, goldfish and string cheese</p> <p>Grilled chicken wrap</p>	<p>Turkey and Cheese sandwich, goldfish and string cheese</p> <p>Grilled chicken wrap</p>	

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